

OCTOBER LES/ECEC 2018 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 FRENCH BREAD PIZZA CARROT STICKS & DIP SLICED PEARS	2 GRILLED CHICKEN SANDWICH FRENCH FRIES STRAWBERRY BANANA APPLESAUCE	3 CHEESE QUESADILLA REFRIED BEANS DICED PEACHES	4 SPAGHETTI W/MEAT SAUCE MIXED ROMAINE SALAD JUICE	5 GRILLED HAM & CHEESE SANDWICH BROCCOLI FRESH FRUIT
8 CHEESE PIZZA CHEESY CAULIFLOWER TROPICAL FRUIT	9 POPCORN CHICKEN BAKED BEANS DICED PEACHES	10 $\frac{1}{2}$ DAY NO LUNCH SERVED	11 PIG-N-BLANKET MIXED ROMAINE SALAD APPLESAUCE	12 MEATBALL & CHEESE SUB CARROT STICKS & DIP FRESH FRUIT
15 DOUBLE STUFFED PIZZA GREEN BEANS PINEAPPLE TIDBITS	16 CHICKEN PATTY SANDWICH SWEET POTATO FRIES APPLESAUCE	17 NACHOS DELUXE W/ BEEF, BEANS, & CHEESE SAUCE PEAS TROPICAL FRUIT MIX	18 MACARONI & CHEESE BROCCOLI JUICE	19 MINI CORN DOGS BAKED BEANS FRESH FRUIT
22 MOZZARELLA STICKS MIXED VEGGIES MANDARIN ORANGES	23 CHICKEN FRIES MIXED ROMAINE SALAD PINEAPPLE TIDBITS	24 CHICKEN TACO W/LETTUCE & CHEESE REFRIED BEANS SLICED PEARS	25 CHARBROILED CHEESEBURGER SWEET POTATO FRIES CINNAMON APPLESAUCE	26 $\frac{1}{2}$ DAY NO LUNCH SERVED
29 PEPPERONI PIZZA GREEN BEANS TROPICAL FRUIT MIX	30 CHICKEN PATTY MASHED POTATOES & GRAVY MANDARIN ORANGE ROLL	31 WALKING TACO W/BEEF, LETTUCE, & CHEESE REFRIED BEANS DICED PEACHES	1 GRILLED CHEESE SANDWICH TOMATO SOUP FRESH FRUIT	2 FISH NUGGETS FRENCH FRIES JUICE

Milk is offered with each lunch and breakfast meal. All milk is 1% white or fat free chocolate.

We use whole grain/whole wheat in all of our breads, buns, & breading.

Condiments used: Ketchup, mustard, pickles

Dressings used: Ranch, Italian, & Honey French

Salad Bar:

M-W-F ~ Chef Salad (Turkey or Ham)

T & Thur. ~ Taco Salad



FOR LUNCHESES: PAY WITH ONE CHECK FOR ALL YOUR CHILDREN. PLEASE SEND WITH OLDEST STUDENT. PAY BY THE DAY, THE WEEK, OR THE MONTH.

MILK: .50 CENTS BREAKFAST: \$1.50

HOT LUNCH SCALE:

1- \$2.80	6- \$16.80
2- \$5.60	7- \$19.60
3- \$8.40	8- \$22.40
4- \$11.20	9- \$25.20
5- \$14.00	10- \$28.00

OCTOBER BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHOCOLATE MUFFIN FRUIT JUICE	2 BREAKFAST PIZZA FRUIT JUICE	3 POP-TART FRUIT JUICE	4 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT	5 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE
8 CHOICE OF CEREAL TOAST W/JELLY FRUIT JUICE	9 YOGURT GRAHAM CRACKERS FRUIT JUICE	10 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	11 CHEESE OMELET TOAST W/JELLY FRESH FRUIT	12 CINNAMON ROLL FRUIT JUICE
15 STRAWBERRY NUTRI- GRAIN BAR FRUIT JUICE	16 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	17 SAUSAGE PANCAKE ON A STICK FRUIT JUICE	18 BLUEBERRY NUTRI-GRAIN BAR FRUIT JUICE	19 CHOICE OF CEREAL TOAST W/JELLY FRESH FRUIT
22 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	23 YOGURT GRAHAM CRACKERS FRUIT JUICE	24 CHEESE OMELET TOAST W/JELLY FRUIT JUICE	25 STRAWBERRY NUTRI- GRAIN BAR FRUIT JUICE	26 CINNAMON ROLL FRUIT JUICE
29 BLUEBERRY MUFFIN FRUIT JUICE	30 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	31 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	1 EGG & CHEESE MUFFIN SANDWICH FRUIT JUICE	2 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT