


LAINSBURG MIDDLE SCHOOL ~ MARCH 2019 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 *CHEESE PIZZA * CHICKEN STIR FRY OVER RICE CHEESY CAULIFLOWER FRUIT COCKTAIL	5 *POPCORN CHICKEN *PHILLY STEAK SANDWICH BAKED BEANS DICED PEACHES	6 NACHOS DELUXE W/BEEF, BEANS, & CHEESE SAUCE *FIESTA PIZZA PEAS JUICE	7 *PIG-N-BLANKET *PULLED PORK SANDWICH ROMAINE SALAD APPLESAUCE	8 *MEATBALL & CHEESE SUB *FISH NUGGETS CARROT STICKS WITH DIP FRESH FRUIT
11 *CHICKEN PATTY SANDWICH *CHEESEBURGER W/LETTUCE & TOMATO SWEET POTATO FRIES DICED PEARS	12 *DOUBLE STUFFED PIZZA *BAKED POTATO W/HAM & CHEESE GREEN BEANS PINEAPPLE TIDBITS	13 ½ DAY NO LUNCH SERVED	14 *MACARONI & CHEESE *FLAT BREAD PIZZA BROCCOLI JUICE	15 *MINI CORN DOGS *FISH & CHEESE SUB FRENCH FRIES FRESH FRUIT
18 *MOZZARELLA STICKS *BBQ RIBLETS ROMAINE SALAD DICED PEACHES	19 *CHICKEN FRIES *PEPPERONI PIZZA GREEN BEANS FRUIT COCKTAIL	20 *CHICKEN TACO W/LETTUCE & CHEESE *BEEF QUESADILLA REFRIED BEANS WITH CHIPS DICED PEARS	21 *CHEESEBURGER W/LETTUCE, TOMATOES, & PICKLES *SPICY CHICKEN SANDWICH FRENCH FRIES CINNAMON APPLESAUCE	22 ½ DAY NO LUNCH SERVED
				

THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:
 COLD SUBS - HAM OR TURKEY & HOT SUBS - TURKEY, HAM, OR PIZZA - BOSCO STICKS
 MONDAY: CHICKEN CAESAR SALAD
 TUESDAY: SOUTHWESTERN CHICKEN SALAD
 WEDNESDAY: CHICKEN CAESAR SALAD
 THURSDAY: ASIAN STEAK SALAD
 FRIDAY: CHICKEN CAESAR SALAD
 SALAD BAR: M-W-F ~ CHEF SALAD / T & TH ~ TACO SALAD
 ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.
 Milk is offered with every lunch meal & all milk is 1% white or fat free
 We us whole grain/whole wheat for all of our breads, buns, & breading.
 Condiments used are: ketchup, mustard, pickles, taco sauce, & sour cream
 Dressings used: Ranch, Italian, & Honey mustard
***MENU SUBJECT TO CHANG WITH OUT NOTICE**



MARCH 2019 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	5 YOGURT GRAHAM CRACKERS FRESH FRUIT	6 CHOCOLATE MUFFIN FRUIT JUICE	7 CHOICE OF CEREAL TOAST WITH JELLY FRESH FRUIT	8 CINNAMON ROLL FRUIT JUICE
11 BLUEBERRY MUFFIN FRUIT JUICE	12 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT	13 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	14 EGG & CHEESE MUFFIN SANDWICH FRUIT JUICE	15 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT
18 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	19 BLUEBERRY NUTRI- GRAIN BREAKFAST BAR FRUIT JUICE	20 SCRAMBLED EGGS W/HAM & CHEESE TOAST WITH JELLY FRESH FRUIT	21 YOGURT TOAST WITH JELLY FRUIT JUICE	22 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT
				

