

# LAINSBURG MIDDLE SCHOOL ~ FEBRUARY 2019 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 *CHEESE PIZZA *SPICY CHICKEN PATTY SANDWICH BROCCOLI PEACHES	5 *CHICKEN NUGGETS W/ROLL *CORN DOG CORN JUICE	6 *BEEF TACO W/LETTUCE & CHEESE *RED CHILI BURRITO REFRIED BEANS AND CHIPS MANDARIN ORANGES	7 *PIG-N-BLANKET *PULLED PORK SANDWICH GREEN BEANS FRESH FRUIT	8 *TURKEY BURGER W/ LETTUCE, & TOMATO *CHEESE QUESADILLA BABY CARROTS WITH DIP STRAWBERRY BANANA APPLESAUCE
11 *MOZZARELLA STICKS *BBQ RIBLETS GREEN BEANS FRUIT COCKTAIL	12 *CHICKEN FRIES *PEPPERONI PIZZA ROMAINE SALAD MIX PINEAPPLE TIDBITS	13 *CHICKEN TACO W/LETTUCE & CHEESE *BEEF QUESADILLA PEAS PEARS	14 *CHARBROILED CHEESEBURGER W/LETTUCE & TOMATO *MEATBALL SUB SWEET POTATO FRIES CINNAMON APPLESAUCE	15  NO SCHOOL
18  NO SCHOOL	19 *CHICKEN PATTY WITH ROLL *CHEESE QUESADILLA MASHED POTATOES & GRAVY MANDARIN ORANGES	20 *WALKING TACO W/BEEF, LETTUCE, & CHEESE *FIESTA PIZZA MIXED VEGGIES PEACHES	21 *GRILLED CHEESE SANDWICH *CHICKEN TENDERS TOMATO SOUP WITH CRACKERS FRESH FRUIT	22 *FISH NUGGETS *CHICKEN ALFREDO BROCCOLI ROLL JUICE
25 *FRENCH BREAD PIZZA *SPICY CHICKEN PATTY SANDWICH CARROTS PEARS	26 *ROASTED TURKEY *MOZZARELLA STICKS MASHED POTATOES & GRAVY CORN STRAWBERRY BANANA APPLESAUCE	27 *CHEESE QUESADILLA *CHICKEN FAJITA REFRIED BEANS WITH CHIPS PEACHES	28 *SPAGHETTI WITH MEAT SAUCE *FLAT BREAD PIZZA ROMAINE SALAD MIX JUICE	1 *HAM & CHEESE SUB *DOUBLE STUFFED PIZZA BROCCOLI FRESH FRUIT

THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:  
 COLD SUBS - HAM OR TURKEY & HOT SUBS - TURKEY, HAM, OR PIZZA - BOSCO STICKS  
 MONDAY: CHICKEN CAESAR SALAD  
 TUESDAY: SOUTHWESTERN CHICKEN SALAD  
 WEDNESDAY: CHICKEN CAESAR SALAD  
 THURSDAY: ASIAN STEAK SALAD  
 FRIDAY: CHICKEN CAESAR SALAD  
 SALAD BAR: M-W-F ~ CHEF SALAD / T & TH ~ TACO SALAD  
 ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.  
 Milk is offered with every lunch meal & all milk is 1% white or fat free  
 We use whole grain/whole wheat for all of our breads, buns, & breadings.  
 Condiments used are: ketchup, mustard, pickles, taco sauce, & sour cream  
 Dressings used: Ranch, Italian, & Honey mustard



# FEBRUARY 2019 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	5 STRAWBERRY NUTRI-GRAIN BAR FRESH FRUIT	6 POP-TART FRUIT JUICE	7 YOGURT GRAHAM CRACKERS FRUIT JUICE	8 CHOICE OF CEREAL TOAST WITH JELLY FRESH FRUIT
11 CHOCOLATE MUFFIN FRUIT JUICE	12 POP-TART FRUIT JUICE	13 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	14 BREAKFAST PIZZA FRESH FRUIT	15  NO SCHOOL
18  NO SCHOOL	19 YOGURT GRAHAM CRACKERS FRUIT JUICE	20 CHOICE OF CEREAL TOAST WITH JELLY FRESH FRUIT	21 BLUEBERRY NUTRI-GRAIN BREAKFAST BAR FRUIT JUICE	22 CINNAMON ROLL FRUIT JUICE
25 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	26 CHOICE OF CEREAL TOAST WITH JELLY FRESH FRUIT	27 POP-TART FRUIT JUICE	28 BLUEBERRY MUFFIN FRUIT JUICE	1 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT

