

# LAINGSBURG HIGH SCHOOL ~ SEPTEMBER 2018 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 LABOR DAY NO SCHOOL	4 *CHICKEN PATTY SANDWICH *CHARBROILED CHEESEBURGER W/LETTUCE & TOMATO FRENCH FRIES APPLESAUCE	5 *NACHO DELUXE W/BEEF, BEANS, & CHEESE SAUCE *FIESTA PIZZA PEAS TROPICAL FRUIT MIX	6 *MACARONI & CHEESE *FLATBREAD PIZZA BROCCOLI JUICE	7 *MINI CORN DOGS *FISH & CHEESE SUB CELERY STICKS W/DIP FRESH FRUIT
10 *CHEESE PIZZA *SPICY CHICKEN PATTY SANDWICH BROCCOLI PEACHES	11 *CHICKEN NUGGETS *CHEESE RAVIOLI CORN JUICE ROLL	12 *BEEF TACO W/ LETTUCE & CHEESE *RED CHILI BURRITO REFRIED BEANS MANDARIN ORANGES	13 *PIG-N-BLANKET *PULLED PORK SANDWICH GREEN BEANS FRESH FRUIT	14 *TURKEY BURGER W/CHEESE, LETTUCE, & TOMATO *CHEESE QUESADILLA BABY CARROTS W/DIP STRAWBERRY BANANA APPLESAUCE
17 *MOZZARELLA STICK *BBQ RIBLETS ROMAINE LETTUCE SALAD MIX MANDARIN ORANGES	18 *CHICKEN FRIES *TERIYAKI BEEF & BROCCOLI W/RICE CHEESY CAULIFLOWER PINEAPPLE TIDBITS	19 *CHICKEN TACO W/LETTUCE & CHEESE *BEEF QUESADILLA REFRIED BEANS SLICED PEARS	20 *CHARBROILED CHEESEBURGER W/LETTUCE & TOMATO *MEATBALL & CHEESE SUB SWEET POTATO FRIES CINNAMON APPLESAUCE	21 *FRENCH TOAST STICKS & SAUSAGE PATTY *GRILLED CHICKEN SANDWICH W/LETTUCE & TOMATO HASH BROWNS JUICE
24 *PEPPERONI PIZZA *CHEESE RAVIOLI GREEN BEANS FRESH FRUIT	25 *CHICKEN PATTY W/ROLL *PHILLY STEAK SUB MASHED POTATOES & GRAVY BROCCOLI MANDARIN ORANGES	26 *WALING TACO W/DORITOS, BEEF, CHEESE, & LETTUCE *FIESTA PIZZA REFRIED BEANS JUICE	27 *GRILLED CHEESE SANDWICH *CHICKEN TENDERS TOMATO SOUP TROPICAL FRUIT MIX	28 *FISH NUGGETS *CHICKEN QUESADILLA FRENCH FRIES SLICED PEACHES

**THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:**

**COLD SUBS - HAM OR TURKEY & HOT SUBS - TURKEY, HAM, OR PIZZA - BOSCO STICKS**

**MONDAY: CHICKEN CAESAR SALAD**

**TUESDAY: MICHIGAN CHERRY SALAD**

**WEDNESDAY: CHICKEN CAESAR SALAD**

**THURSDAY: BLT SALAD WITH RANCH DRESSING**

**FRIDAY: CHICKEN CAESAR SALAD**

**SALAD BAR:**

**M-W-F ~ CHEF SALAD / T & TH ~ TACO SALAD**

**ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.**

**Milk is offered with every lunch meal & all milk is 1% white or fat free**

**We use whole grain/whole wheat for all of our breads, buns, & breading.**

**Condiments used are: ketchup, mustard, pickles, taco sauce, & sour cream**

**Dressings used: Ranch, Italian, & Honey mustard**



# SEPTEMBER 2018 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 LABOR DAY NO SCHOOL	4 POP-TART FRUIT JUICE	5 SAUSAGE PANCAKE ON A STICK FRUIT JUICE	6 BLUEBERRY NUTRI-GRAIN BAR FRUIT JUICE	7 BREAKFAST PIZZA FRESH FRUIT
10 FRENCH TOAST STICKS RAISINS JUICE	11 YOGURT GRAHAM CRACKERS FRUIT JUICE	12 CHEESE OMELET TOAST W/JELLY FRUIT JUICE	13 HOT APPLE CINNAMON OATMEAL GRAHAM CRACKERS FRESH FRUIT	14 CINNAMON ROLL FRUIT JUICE
17 BLUEBERRY MUFFIN SAUSAGE PATTY FRUIT JUICE	18 SAUSAGE PANCAKE ON A STICK FRUIT JUICE	19 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	20 EGG & CHEESE ENGLISH MUFFIN SANDWICH FRESH FRUIT	21 BLUEBERRY NUTRI-GRAIN BAR FRUIT JUICE
24 BREAKFAST PIZZA FRUIT JUICE	25 STRAWBERRY NUTRI-GRAIN BAR FRUIT JUICE	26 SCRAMBLED EGGS W/HAM & CHEESE ENGLISH MUFFIN FRESH FRUIT	27 YOGURT CINNAMON TOAST FRUIT JUICE	28 FRENCH TOAST STICKS FRUIT JUICE

**\*CHOICE OF CEREAL AVAILABLE DAILY**