

LAINGSBURG HIGH SCHOOL ~ MAY 2019 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 *CHEESE PIZZA *SPICY CHICKEN SANDWICH CORN DICED PEARS	30 *CHICKEN NUGGETS *CHEESE RAVIOLI CARROTS SLUSHY ROLL	1 *BEEF TACO W/LETTUCE & CHEESE *CHICKEN QUESADILLA REFRIED BEANS MANDARIN ORANGES	2 *PIG-N-BLANKET *PULLED PORK SANDWICH GREEN BEANS FRESH FRUIT	3 *PEPPERONI PIZZA *CHICKEN PARMESAN W/PASTA BROCCOLI PEACH CUP
6 *MOZZARELLA STICKS *BBQ RIBLETS SWEET POTATO FRIES PINEAPPLE TIDBITS	7 *CHICKEN FRIES *TERIYAKI BEEF & BROCCOLI ROMAINE SALAD MIX APPLESAUCE	8 *CHICKEN TACO W/LETTUCE & CHEESE *RED CHILI BURRITO REFRIED BEANS DICED PEARS	9 *CHARBROILED CHEESEBURGER W./LETTUCE & TOMATO *ROASTED TURKEY & MASHED POTATOES & GRAVY GREEN BEANS FRESH FRUIT	10 *FRENCH TOAST STICKS SAUSAGE PATTY *GRILLED CHICKEN SANDWICH W/LETTUCE & TOMATO HASH BROWN JUICE
13 *PEPPERONI PIZZA *CHICKEN ALA KING OVER BISCUITS ROMAINE SPINACH MIX SALAD DICED PEACHES	14 *CHICKEN PATTY WITH ROLL *CHEESE QUESADILLA MASHED POTATOES & GRAVY MIXED BERRY CUP	15 *WALKING TACO *BBQ CHICKEN QUESADILLA REFRIED BEANS W/CHIPS TROPICAL FRUIT	16 *GRILLED CHEESE SANDWICH *CHEESE LASAGNA TOMATO SOUP CINNAMON APPLESUICE	17 ½ DAY NO LUNCH SERVED
20 *CHEESE PIZZA *CHICKEN STIR FRY BROCCOLI DICED PEARS	21 *POPCORN CHICKEN *CORN DOG SWEET POTATO FRIES PINEAPPLE TIDBITS	22 *NACHOS DELUXE *CHICKEN ENCHILADAS W/RICE PEAS APPLESAUCE	23 *MINI CORN DOGS *BBQ PORK SANDWICH BAKED BEANS PEACH CUP	24 *FISH NUGGETS *MEATBALL SUB GREEN BEANS FRESH FRUIT
27 MEMORIAL DAY NO SCHOOL	28 *GRILLED CHICKEN SANDWICH W/LETTUCE & TOMATO *ORIENTAL CHICKEN W/RICE BROCCOLI FRUIT COCKTAIL	29 *CHEESE QUESADILLA *FIESTA PIZZA REFRIED BEANS WITH CHIPS MANDARIN ORANGES	30 *FRENCH BREAD PIZZA *CHICKEN ALFREDO ROMAINE & SPINACH SALAD MIX CARROTS FRESH FRUIT	31 *CHARBROILED CHEESEBURGER *FISH & CHEESE SUB W/LETTUCE & TOMATO FRENCH FRIES CINNAMON APPLESUICE

THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:

SUBS - TURKEY, HAM, OR PIZZA - BOSCO STICKS

MONDAY: CHICKEN CAESAR SALAD

TUESDAY: SOUTHWESTERN CHICKEN SALAD

WEDNESDAY: CHICKEN CAESAR SALAD

THURSDAY: CHEF SALAD

FRIDAY: CHICKEN CAESAR SALAD

SALAD BAR: M-W-F ~ TOSSED SALAD / T & TH ~ TACO SALAD

ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.

Milk is offered with every lunch meal & all milk is 1% white or fat free

We use whole grain/whole wheat for all of our breads, buns, & breadings.

Condiments used are: ketchup, mustard, pickles, taco sauce, & sour cream

Dressings used: Ranch, Italian, & Honey mustard

ALSO AVAILABLE:

SALAD, SOUP, BREAD, & MILK; M, W, & F - \$3.00

SUB SANDWICH, SOUP, & MILK; T & TH - \$3.00

***MENU SUBJECT TO CHANGE WITH OUT NOTICE**



MAY 2019 BREAKFAST MENU

*CHOICE OF CEREAL AVAILABLE DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 CHOCOLATE MUFFIN SAUSAGE PATTY FRUIT JUICE MILK	30 BREAKFAST PIZZA FRESH FRUIT MILK	1 POP-TART FRUIT JUICE MILK	2 SAUSAGE PANCAKE ON A STICK FRUIT JUICE MILK	3 CINNAMON ROLL FRESH FRUIT MILK
6 BLUEBERRY MUFFIN SAUSAGE PATTY FRUIT JUICE MILK	7 YOGURT CINNAMON TOAST FRESH FRUIT JUICE MILK	8 CHOICE OF BREAKFAST BAR FRUIT JUICE MILK	9 CHEESE OMELET TOAST & JELLY FRESH FRUIT MILK	10 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE MILK
13 CHOICE OF BREAKFAST BAR FRUIT JUICE MILK	14 POP-TART FRESH FRUIT JUICE MILK	15 SCRAMBLED EGGS W/HAM & CHEESE TOAST & JELLY FRESH FRUIT MILK	16 FRENCH TOAST STICKS SAUSAGE JUICE MILK	17 CHOICE OF BREAKFAST BAR FRESH FRUIT MILK
20 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE MILK	21 SAUSAGE PANCAKE ON A STICK FRUIT JUICE MILK	22 BLUEBERRY MUFFIN SAUSAGE PATTY FRUIT JUICE MILK	23 POP-TART FRUIT JUICE MILK	4 CINNAMON ROLL FRESH FRUIT MILK
27 MEMORIAL DAY NO SCHOOL	28 SAUSAGE PANCAKE ON A STICK FRUIT JUICE MILK	29 YOGURT GRAHAM CRACKER FRUIT JUICE	30 STRAWBERRY NUTRI-GRAIN BAR FRESH FRUIT MILK	31 CHOICE OF BREAKFAST BARS FRUIT JUICE MILK

