


# LAINGSBURG HIGH SCHOOL ~ MARCH 2019 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 *CHEESE PIZZA * CHICKEN STIR FRY OVER RICE CHEESY CAULIFLOWER FRUIT COCKTAIL	5 *POPCORN CHICKEN *PHILLY STEAK SANDWICH BAKED BEANS DICED PEACHES	6 NACHOS DELUXE W/BEEF, BEANS, & CHEESE SAUCE *CHICKEN ENCHILADAS W/MEXICAN RICE PEAS JUICE	7 *PIG-N-BLANKET *PULLED PORK SANDWICH ROMAINE SALAD MIX APPLESAUCE	8 *MEATBALL & CHEESE SUB *FISH NUGGETS CARROT STICKS WITH DIP FRESH FRUIT
11 *DOUBLE STUFFED PIZZA *BAKED POTATO W/HAM & CHEESE GREEN BEANS PINEAPPLE TIDBITS	12 *CHICKEN PATTY SANDWICH *CHEESEBURGER W/LETTUCE & TOMATO SWEET POTATO FRIES PEARS	13 ½ DAY NO LUNCH SERVED	14 *MACARONI & CHEESE *FLAT BREAD PIZZA BROCCOLI JUICE	15 *MINI CORN DOGS *FISH & CHEESE SUB FRENCH FRIES FRESH FRUIT
18 *MOZZARELLA STICKS *BBQ RIBLETS ROMAINE SALAD DICED PEACHES	19 *CHICKEN FRIES *TERIYAKI BEEF & BROCCOLI OVER RICE GREEN BEANS FRUIT COCKTAIL	20 *CHICKEN TACO W/LETTUCE & CHEESE *BEEF QUESADILLA REFRIED BEANS WITH CHIPS DICED PEARS	21 *CHEESE RAVIOLI *CHEESEBURGER W/LETTUCE, TOMATOES, & PICKLES FRENCH FRIES CINNAMON APPLESAUCE	22 ½ DAY NO LUNCH SERVED
				

THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:  
 COLD SUBS - HAM OR TURKEY & HOT SUBS - TURKEY, HAM, OR PIZZA - BOSCO STICKS  
 MONDAY: CHICKEN CAESAR SALAD  
 TUESDAY: SOUTHWESTERN CHICKEN SALAD  
 WEDNESDAY: CHICKEN CAESAR SALAD  
 THURSDAY: ASIAN STEAK SALAD  
 FRIDAY: CHICKEN CAESAR SALAD  
 SALAD BAR: M-W-F ~ CHEF SALAD / T & TH ~ TACO SALAD  
 ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.  
 Milk is offered with every lunch meal & all milk is 1% white or fat free  
 We us whole grain/whole wheat for all of our breads, buns, & breading.  
 Condiments used are: ketchup, mustard, pickles, taco sauce, & sour cream  
 Dressings used: Ranch, Italian, & Honey mustard  
 MAKE SURE TO TRY OUR SOUP & SALAD SPECIAL M-W-F!  
**\*MENU SUBJECT TO CHANG WITH OUT NOTICE**



# MARCH 2019 BREAKFAST MENU

\*CHOICE OF CEREAL AVAILABLE DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 FRENCH TOAST STICKS SAUSAGE PATTY FRUIT JUICE	5 YOGURT GRAHAM CRACKERS FRUIT JUICE	6 CHEESE OMELET TOAST WITH JELLY FRESH FRUIT	7 APPLE CINNAMON OATMEAL GRAHAM CRACKERS FRESH FRUIT	8 CINNAMON ROLL FRUIT JUICE
11 BLUEBERRY MUFFIN SAUSAGE PATTY FRUIT JUICE	12 SAUSAGE PANCAKE ON A STICK FRUIT JUICE	13 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	14 EGG & CHEESE MUFFIN SANDWICH FRESH FRUIT	15 CHOICE OF BREAKFAST BARS FRUIT JUICE
18 BREAKFAST PIZZA FRUIT JUICE	19 CHOICE OF BREAKFAST BARS FRUIT JUICE	20 SCRAMBLED EGGS W/HAM & CHEESE TOAST WITH JELLY FRESH FRUIT	21 YOGURT CINNAMON TOAST FRUIT JUICE	22 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT
		