

LAINGSBURG HIGH SCHOOL ~ DECEMBER 2018 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 *MOZZARELLA STICKS *PEPPERONI PIZZA GREEN BEANS MANDARIN ORANGES	4 *CHICKEN FRIES *TERIYAKI CHICKEN & BROCCOLI OVER BROWN RICE ROMAINE SALAD MIX FRUIT COCKTAIL	5 *CHICKEN TACO W/LETTUCE & CHEESE *BEEF QUESADILLA REFRIED BEANS W/CHIPS SLICED PEARS	6 *CHARBROILED CHEESEBURGER W/LETTUCE & TOMATO *MEATBALL & CHEESE SUB SWEET POTATO FRIES CINNAMON APPLESAUCE	7 *FRENCH TOAST STICKS SAUSAGE PATTY *GRILLED CHICKEN SANDWICH W/LETTUCE & TOMATO HASH BROWNS JUICE
10 *PEPPERONI PIZZA *CHEESE RAVIOLI STEAMED BROCCOLI PEACH CUP	11 *CHICKEN PATTY W/ROLL *PHILLY STEAK SUB MASHED POTATOES & GRAVY MANDARIN ORANGE	12 *WALKING TACO W/BEEF, CHEESE & LETTUCE *FIESTA PIZZA REFRIED BEANS W/CHIPS JUICE	13 *GRILLED CHEESE SANDWICH *CHICKEN TENDERS TOMATO SOUP MIXED FRUIT COCKTAIL	14 *FISH NUGGETS *CHICKEN QUESADILLA FRENCH FRIES FRESH FRUIT
17 *FRENCH BREAD PIZZA *SPICY CHICKEN PATTY CARROT STICKS & DIP DICED PEARS	18 *GRILLED CHICKEN SANDWICH W/LETTUCE & TOMATO *MOZZARELLA STICKS FRENCH FRIES STRAWBERRY CUP	19 *CHEESE QUESADILLA *CHICKEN FAJITA REFRIED BEANS W/CHIPS DICED PEACHES	20 *SPAGHETTI W/MEAT SAUCE BREAD STICK *FLATBREAD PIZZA ROMAINE SALAD MIX JUICE	21 *HOT HAM & CHEESE SUB *PEPPERONI PIZZA BROCCOLI FRESH FRUIT
24	25	NO SCHOOL - WINTER BREAK		28
31	1			4



THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:
 COLD SUBS - HAM OR TURKEY & HOT SUBS - TURKEY, HAM, OR PIZZA - BOSCO STICKS
 MONDAY: CHICKEN CAESAR SALAD
 TUESDAY: MICHIGAN CHERRY SALAD
 WEDNESDAY: CHICKEN CAESAR SALAD
 THURSDAY: BLT SALAD WITH RANCH DRESSING
 FRIDAY: CHICKEN CAESAR SALAD
 SALAD BAR:
 M-W-F ~ CHEF SALAD / T & TH ~ TACO SALAD
 ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.
 Milk is offered with every lunch meal & all milk is 1% white or fat free
 We use whole grain/whole wheat for all of our breads, buns, & breadings.
 Condiments used are: ketchup, mustard, pickles, taco sauce, & sour cream
 Dressings used: Ranch, Italian, & Honey mustard



December

DECEMBER 2018 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 FRENCH TOAST STICKS JUICE RAISINS	4 YOGURT GRAHAM CRACKERS FRESH FRUIT	5 CHEESE OMELET TOAST & JELLY FRUIT JUICE	6 APPLE CINNAMON OATMEAL GRAHAM CRACKERS FRESH FRUIT	7 CINNAMON ROLL FRUIT JUICE
10 BLUEBERRY MUFFIN SAUSAGE PATTY FRUIT JUICE	11 SAUSAGE PANCAKE ON A STICK FRESH FRUIT	12 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	13 EGG & CHEESE MUFFIN SANDWICH FRESH FRUIT	14 BLUEBERRY NUTRI-GRAIN BAR FRUIT JUICE
17 BREAKFAST PIZZA JUICE CRAISING	18 STRAWBERRY NUTRI-GRAIN BAR FRUIT JUICE	19 SCRAMBLED EGGS W/HAM & CHEESE TOAST & JELLY FRESH FRUIT	20 YOGURT CINNAMON TOAST FRUIT JUICE	21 FRENCH TOAST STICKS FRESH FRUIT
24	25	NO SCHOOL - WINTER BREAK		28
31	1			4

***CHOICE OF CEREAL AVAILABLE DAILY**

