

# SEPTEMBER LES/ECEC 2018 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 LABOR DAY NO SCHOOL	4 CHICKEN PATTY SANDWICH FRENCH FRIES APPLESAUCE	5 NACHOS DELUXE W/ BEEF, BEANS, & CHEESE SAUCE PEAS TROPICAL FRUIT	6 MACARONI & CHEESE BROCCOLI JUICE	7 MINI CORN DOGS CELERY STICKS W/DIP FRESH FRUIT
10 CHEESE PIZZA BROCCOLI SLICED PEACHES	11 CHICKEN NUGGETS W/ROLL CORN JUICE	12 BEEF TACO W/LETTUCE & CHEESE REFRIED BEANS MANDARIN ORANGES	13 PIG-N-BLANKET GREEN BEANS FRESH FRUIT	14 TURKEY BURGER W/CHEESE BABY CARROTS W/DIP STRAWBERRY BANANA APPLESAUCE
17 MOZZARELLA STICKS ROMAINE SALAD MIX FRESH FRUIT	18 CHICKEN FRIES CHEESY CAULIFLOWER PINEAPPLE TIDBITS	19 CHICKEN TACO W/LETTUCE & CHEESE REFRIED BEANS SLICED PEACHES	20 CHARBROILED CHEESEBURGER SWEET POTATO FRIES CINNAMON APPLESAUCE	21 FRENCH TOAST STICKS SAUSAGE PATTY HASH BROWN JUICE
24 PEPPERONI PIZZA GREEN BEANS FRESH FRUIT	25 CHICKEN PATTY W/ROLL MASHED POTATOES & GRAVY BROCCOLI MANDARIN ORANGES	26 WALKING TACO WITH DORITOS, BEEF, CHEESE, & LETTUCE REFRIED BEANS JUICE	27 GRILLED CHEESE SANDWICH TOMATO SOUP TROPICAL FRUIT	28 FISH NUGGETS FRENCH FRIES SLICED PEACHES

Milk is offered with each lunch and breakfast meal. All milk is 1% white or fat free chocolate.  
 We use whole grain/whole wheat in all of our breads, buns, & breading.  
 Condiments used: Ketchup, mustard, pickles  
 Dressings used: Ranch, Italian, & Honey French  
 Salad Bar:  
 M-W-F ~ Chef Salad (Turkey or Ham)  
 T & Thur. ~ Taco Salad



FOR LUNCHES: PAY WITH ONE CHECK FOR ALL YOUR CHILDREN. PLEASE SEND WITH OLDEST STUDENT. PAY BY THE DAY, THE WEEK, OR THE MONTH.

MILK: .50 CENTS BREAKFAST: \$1.50

HOT LUNCH SCALE:

1- \$2.80	6- \$16.80
2- \$5.60	7- \$19.60
3- \$8.40	8- \$22.40
4- \$11.20	9- \$25.20
5- \$14.00	10- \$28.00

# SEPTEMBER BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 LABOR DAY NO SCHOOL	4 POP-TART FRUIT JUICE	5 SAUSAGE PANCAKE ON A STICK - LES CHOICE OF CEREAL -ECEC GRAHAM CRACKERS -ECEC FRUIT & JUICE - LES RAISINS & JUICE - ECEC	6 CHOICE OF CEREAL - LES BLUEBERRY NUTRI-GRAIN BAR - ECEC GRAHAM CRACKERS - LES FRESH FRUIT - LES FRUIT & JUICE - ECEC	7 BREAKFAST PIZZA - LES CHOICE OF CEREAL - ECEC GRAHAM CRACKERS -ECEC FRUIT & JUICE - LES FRESH FRUIT - ECEC
10 FRENCH TOAST STICKS - LES CHOICE OF CEREAL - ECEC GRAHAM CRACKERS - ECEC FRUIT JUICE	11 CHOICE OF CEREAL - LES YOGURT - ECEC GRAHAM CRACKERS FRUIT JUICE	12 CHEESE OMELET - LES TOAST W/JELLY - LES CHOCOLATE MUFFIN - ECEC FRUIT JUICE	13 HOT APPLE CINNAMON OATMEAL - LES CHOICE OF CEREAL - ECEC GRAHAM CRACKERS RAISINS & JUICE - LES FRESH FRUIT - ECEC	14 CINNAMON ROLL FRUIT JUICE
17 CHOICE OF CEREAL - LES ENGLISH MUFFIN - LES BLUEBERRY MUFFIN - ECEC FRUIT JUICE	18 SAUSAGE PANCAKE ON A STICK - LES CHOICE OF CEREAL- ECEC GRAHAM CRACKERS- ECEC FRUIT & JUICE	19 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	20 EGG & CHEESE ENGLISH MUFFIN SANDWICH - LES FRUIT & JUICE - LES CHOICE OF CEREAL - ECEC GRAHAM CRACKERS -ECEC FRESH FRUIT - ECEC	21 CHOICE OF CEREAL - LES GRAHAM CRACKERS - LES FRESH FRUIT - LES BLUEBERRY NUTRI-GRAIN BAR - ECEC FRUIT & JUICE - ECEC
24 BREAKFAST PIZZA - LES STRAWBERRY NUTRI- GRAIN BAR - ECEC FRUIT & JUICE	25 CHOICE OF CEREAL CINNAMON TOAST - LES GRAHAM CRACKERS -ECEC FRUIT & JUICE	26 SCRAMBLED EGGS W/ HAM & CHEESE - LES TOAST W/JELLY - LES POP-TART - ECEC FRUIT & JUICE	27 YOGURT CINNAMON TOAST - LES GRAHAM CRACKERS - ECEC FRESH FRUIT - LES FRUIT & JUICE - ECEC	28 CHOICE OF CEREAL GRAHAM CRACKERS RAISINS & JUICE - LES FRESH FRUIT - ECEC

\*NOTE ITEMS WITH EITHER LES OR ECEC NEXT TO THEM ARE JUST FOR THAT BUILDING.