

OCTOBER LES/ECEC 2019 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 POPCORN CHICKEN CORN JUICE	1 BEEF TACO W/LETTUCE & CHEESE REFRIED BEANS W/CHIPS DICED PEARS	2 MINI CORN DOGS SWEET POTATO FRIES STRAWBERRY BANANA APPLESAUCE	3 CHEESE QUESADILLA GREEN BEANS FRUIT COCKTAIL	4 STUFFED CRUST PEPPERONI PIZZA BROCCOLI FRESH FRUIT
7 FRENCH TOAST STICKS SAUSAGE PATTY HASH BROWNS JUICE	8 NACHOS DELUXE W/MEAT, BEAN, & CHEESE MIXED VEGGIES PINEAPPLE TIDBITS	9 $\frac{1}{2}$ DAY NO LUNCH SERVED	10 CHEESE PIZZA CARROT STICKS WITH DIP DICED PEARS	11 BAKED ZITI CAESAR SALAD CINNAMON APPLESAUCE
14 CHICKEN PATTY MASHED POTATOES WITH GRAVY STRAWBERRY CUP	15 WALKING TACO W/MEAT, CHEESE, & LETTUCE REFRIED BEANS DICED PEACHES	16 SPAGHETTI W/MEAT SAUCE BREAD STICK MIXED SALAD GREENS W/CARROTS & CROUTONS JUICE	17 POPCORN CHICKEN GREEN BEANS FRUIT COCKTAIL	18 STUFFED CRUST CHEESE PIZZA CARROTS FRESH FRUIT
21 CHICKEN NUGGETS SWEET POTATO FRIES APPLESAUCE	22 CHEESE QUESADILLA CORN TROPICAL FRUIT	23 PIG-N-BLANKET BROCCOLI DICED PEACHES	24 STUFFED CRUST PEPPERONI PIZZA CHEESY CAULIFLOWER JUICE	25 $\frac{1}{2}$ DAY NO LUNCH SERVED
28 CHICKEN FRIES CAESAR SALAD DICED PEARS	29 FIESTA PIZZA REFRIED BEANS W/CHIPS FRUIT COCKTAIL	30 CHEESEBURGER FRENCH FRIES JUICE	31 NACHOS DELUXE W/MEAT, BEANS, & CHEESE CARROTS FRESH FRUIT	1 MOZZARELLA STICKS GREEN BEANS MANDARIN ORANGES

Milk is offered with each lunch and breakfast meal. All milk is 1% white or fat free chocolate.
We use whole grain/whole wheat in all of our breads, buns, & breading.
Condiments used: Ketchup, mustard, pickles
Dressings used: Ranch, Italian, & Honey French
Salad Bar:
M-W-F ~ Chef Salad (Turkey or Ham)
T & Thur. ~ Taco Salad



FOR LUNCHES: PAY WITH ONE CHECK FOR ALL YOUR CHILDREN. PLEASE SEND WITH OLDEST STUDENT. PAY BY THE DAY, THE WEEK, OR THE MONTH.

MILK: .50 CENTS BREAKFAST: \$1.50

HOT LUNCH SCALE:

1- \$2.90	6- \$17.40
2- \$5.80	7- \$20.30
3- \$8.70	8- \$23.20
4- \$11.60	9- \$26.10
5- \$14.50	10- \$29.00

OCTOBER BREAKFAST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 CHOICE OF CEREAL FRUIT JUICE	1 SCRAMBLED EGGS W/CHEESE TOAST & JELLY FRESH FRUIT	2 CHOICE OF CEREAL FRUIT JUICE	3 YOGURT GRAHAM CRACKERS FRESH FRUIT	4 CHOICE OF CEREAL FRUIT JUICE
7 CHOCOLATE MUFFIN FRUIT JUICE	8 CHOICE OF CEREAL FRUIT JUICE	9 TWISTED BREAKFAST STICK - CINNAMON, BLUEBERRY & CHEESE FRUIT JUICE	10 CHOICE OF CEREAL FRESH FRUIT	11 CINNAMON ROLL FRUIT JUICE
14 CHOICE OF CEREAL FRUIT JUICE	15 SAUSAGE PANCAKE ON A STICK FRUIT JUICE	16 CHOICE OF CEREAL FRUIT JUICE	17 SCRAMBLED EGGS W/CHEESE TOAST & JELLY FRESH FRUIT	18 CHOICE OF CEREAL FRUIT JUICE
21 YOGURT GRAHAM CRACKERS FRUIT JUICE	22 CHOICE OF CEREAL FRUIT JUICE	23 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	24 CHOICE OF CEREAL FRESH FRUIT	25 CINNAMON ROLL FRUIT JUICE
28 CHOICE OF CEREAL FRUIT JUICE	29 FRENCH TOAST STICKS FRUIT JUICE	30 CHOICE OF CEREAL FRUIT JUICE	31 BLUEBERRY MUFFIN FRUIT JUICE	1 CHOICE OF CEREAL FRESH FRUIT