

NOVEMBER LES/ECEC 2018 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 GRILLED CHEESE SANDWICH TOMATO SOUP FRESH FRUIT	2 FISH NUGGETS W/ROLL FRENCH FRIES JUICE
5 FRENCH BREAD PIZZA CARROTS SLICED PEARS	6 MOZZARELLA STICKS GREEN BEANS CINNAMON APPLESAUCE	7 CHEESE QUESADILLA REFRIED BEANS DICED PEACHES	8 SPAGHETTI W/MEAT SAUCE BREADSTICK MIXED ROMAINE SALAD JUICE	9 ROASTED TURKEY MASHED POTATOES & GRAVY ROLL FRESH FRUIT
12 CHEESE PIZZA GREEN BEANS FRUIT COCKTAIL	13 POPCORN CHICKEN BAKED BEANS STRAWBERRY CUP	14 NACHOS DELUXE W/BEEF BEANS, & CHEESE SAUCE PEAS JUICE	15 PIG-N-BLANKET MIXED ROMAINE SALAD APPLESAUCE	16 MEATBALL & CHEESE SUB CARROT STICKS & DIP FRESH FRUIT
19 DOUBLE STUFFED PIZZA MIXED VEGGIEA PINEAPPLE TIDBITS	20 MINI CORN DOGS CORN MANDARIN ORANGES	21	NO SCHOOL - THANKSGIVING BREAK	
26 CHEESE PIZZA BROCCOLI SLICED PEARS	27 CHICKEN NUGGETS ROLL CORN PEACH CUP	28 BEEF TACO W/LETTUCE & CHEESE REFRIED BEANS JUICE	29 MACARONI & CHEESE GREEN BEANS FRESH FRUIT	30 TURKEY BURGER W/CHEESE SWEET POTATO FRIES STRAWBERRY BANANA APPLESAUCE

Milk is offered with each lunch and breakfast meal. All milk is 1% white or fat free chocolate.

We use whole grain/whole wheat in all of our breads, buns, & breading.

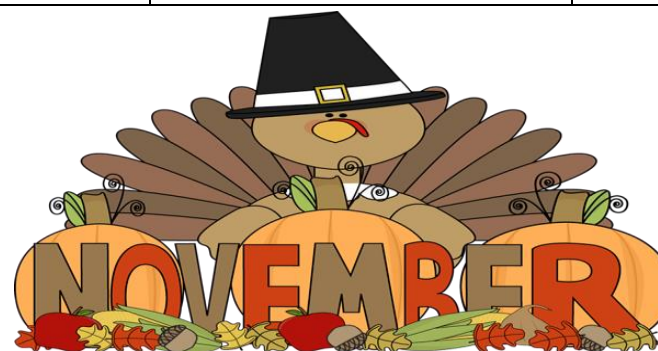
Condiments used: Ketchup, mustard, pickles

Dressings used: Ranch, Italian, & Honey French

Salad Bar:

M-W-F ~ Chef Salad (Turkey or Ham)

T & Thur. ~ Taco Salad



FOR LUNCHES: PAY WITH ONE CHECK FOR ALL YOUR CHILDREN. PLEASE SEND WITH OLDEST STUDENT. PAY BY THE DAY, THE WEEK, OR THE MONTH.

MILK: .50 CENTS BREAKFAST: \$1.50

HOT LUNCH SCALE:

1- \$2.80	6- \$16.80
2- \$5.60	7- \$19.60
3- \$8.40	8- \$22.40
4- \$11.20	9- \$25.20
5- \$14.00	10- \$28.00

NOVEMBER BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 EGG & CHEESE MUFFIN SANDWICH FRUIT JUICE	2 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT
5 BREAKFAST PIZZA FRUIT JUICE	6 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	7 SCRAMBLED EGGS W/HAM & CHEESE TOAST W/JELLY FRESH FRUIT	8 YOGURT GRAHAM CRACKERS FRUIT JUICE	9 FRENCH TOAST STICKS FRUIT JUICE
12 CHOCOLATE MUFFIN FRUIT JUICE	13 CHOICE OF CEREAL CINNAMON TOAST FRUIT & RAISINS	14 POP TART FRUIT JUICE	15 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT	16 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE
19 BLUEBERRY MUFFIN FRUIT JUICE	20 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	21	22	23
		NO SCHOOL - THANKSGIVING BREAK		
26 CHOICE OF CEREAL TOAST W/JELLY FRESH FRUIT	27 POP TART FRUIT JUICE	28 SAUSAGE PANCAKE ON A STICK FRUIT JUICE	29 BLUEBERRY NUTRI-GRAIN BAR FRUIT JUICE	30 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT